Fresh Chip Nutrition Statement

Nutrition Facts

Serving Size 1oz. (28g)
Servings per Container:

Amount per serving
Calories 135
Calories from Fat 60

	%Daily Value*
Total Fat 7g	**11%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0g	**0%**
Sodium 210mg	**9%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 1g	**4%**
Sugars 0g	
Protein 1g	

Vitamin A 0%	Vitamin C 0%
Calcium less than 2%	Iron 6%

*Percent daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carb.	Less than	300g	375g
Dietary Fiber	Less than	25g	30g

Calories per gram: Fat 9 *Carbohydrate 4* Protein 4

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